

Week one

16/04 07/05 04/06 25/06 16/07 03/09 24/09 15/10

Choose a main meal...
Mozzarella & Tomato Pizza with Pasta Salad v
Mediterranean Summer Beans with Rice v
Jacket potato with a choice of filling

on the side...
Chuncky Salad
Peas
for dessert...
Wedgies of Malton & Orange

Tuesday

Choose a main meal...
Chicken Mayo Burger with Jacket Potatoes
Vegetable Briyani v
Jacket potato with a choice of filling

on the side...
House Coleslaw
Sweetcorn
for dessert...
Mini Chocolate Brownie with Banana and Custard

Wednesday

Choose a main meal...
Roast Pork with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy v
Jacket potato with a choice of filling

on the side...
Seasonal Cabbage
Carrots
for dessert...
Blueberry Frozen Yoghurt

Thursday

Choose a main meal...
Beef Chili with Rice
Macaroni, Cheese & Sweetcorn Bake v
Jacket potato with a choice of filling

on the side...
Broccoli
Cauliflower
for dessert...
Berry Pappack

Friday

Choose a main meal...
Crispy Fish & Chips
Veggie Hot Dog with Chips v
Jacket potato with a choice of filling

on the side...
Baked Beans
Peas
for dessert...
Orange Strudel with Yoghurt Dipper

Week two

23/04 14/05 11/06 02/07 10/09 01/10

Choose a main meal...
Mac 'N' Cheese v
Vegetarian Moussaka with Garlic & Herb Bread Wedgie v
Jacket potato with a choice of filling

on the side...
Broccoli
Sweetcorn
for dessert...
Vanilla Ice Cream

Tuesday

Choose a main meal...
Pork Sausages with Creamy Mash & Gravy
Vegetarian Sausages with Creamy Mash & Gravy v
Jacket potato with a choice of filling

on the side...
Carrots
Seasonal Cabbage
for dessert...
Chocolate & Banana Mousse Pot

Wednesday

Choose a main meal...
Roast Turkey with Roast Potatoes & Gravy
Cauliflower & Broccoli Cheese Bake with Roast Potatoes & Gravy v
Jacket potato with a choice of filling

on the side...
Peas
Roasted Vegetables
for dessert...
Oatle Biscuit with Fruit Slices

Thursday

Choose a main meal...
Beef Keema Curry (Mild/Mildred Beet Curry) with Rice
Creamy Tomato & Basil Pasta v
Jacket potato with a choice of filling

on the side...
Carrots
Green Beans
for dessert...
Carrot & Banana Slice with Custard

Friday

Choose a main meal...
Golden Fish Fingers & Chips
Bean Burger in a Bun with Tomato Fritish & Chips v
Jacket potato with a choice of filling

on the side...
Baked Beans
Chuncky Coleslaw
for dessert...
Strawberry Jolly

Week three

30/04 21/05 18/06 09/07 17/09 08/10

Choose a main meal...
Cheesy Pizza Bianca with Jacket Potatoes v
Vegetarian Bolognese Pasta v
Jacket potato with a choice of filling

on the side...
Peas
Apple Slaw
for dessert...
Mango Frozen Yoghurt

Tuesday

Choose a main meal...
Creamy Mild Chicken Curry with Rice
Quorn Farfalle Pasta Bake v
Jacket potato with a choice of filling

on the side...
Broccoli
Carrots
for dessert...
Peach Crumble with Custard

Wednesday

Choose a main meal...
Roast Chicken with Roast Potatoes & Gravy
Country Vegetable Pie with Gravy v
Jacket potato with a choice of filling

on the side...
Seasonal Cabbage
Sweetcorn
for dessert...
Wedgies of Pear, Apple & Orange

Thursday

Choose a main meal...
Bolognese Pasta
Mild Potato & Chickpea Curry with Rice v
Jacket potato with a choice of filling

on the side...
Green Beans
Roast Maltaramen
Vegetables
for dessert...
Chocolate & Gingerbread Brie

Friday

Choose a main meal...
Salmon Fish Fingers or Fish Fingers with Chips
Bean & Peppor Fajita with Chips v
Jacket potato with a choice of filling

on the side...
Baked Beans
Peas
for dessert...
Strawberry Cheesecake

CHARTERED, MASS, 371621

Whichever fresh salad you available daily
All of our bread is baked fresh every day
Yoghurt and water will be available daily



REDUCING OUR CARBON FOOTPRINT
OVER 30% of our products are transported by vehicles that run on biofuel!

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

WE GIVE 95% of our seasonal vegetables direct from British growers

All our milk is Red Tractor approved

FARM TO FORK
We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

All our bananas are FAIRTRADE

WE SUPPORT 82 BRITISH DAIRY FARMS

